

Need-to-Know Info

This information was published on March 4, 2020. Rolling updates on COVID-19 can be found at the World Health Organization website at who.int. Updates can also be found at www.cdc.gov/COVID19.

COVID-19 Coronavirus

Coronaviruses (CoV)

are a family of viruses that cause the common cold as well as more severe diseases.

Source: World Health Organization

COVID-19

SARS-CoV-2 is a strain of coronavirus that had not been previously identified in humans, making it a novel coronavirus. The disease caused by this virus is known as COVID-19.

Source: World Health Organization

WUHAN CORONAVIRUS



Wuhan

Considered the epicenter of the outbreak, the first reported cases of COVID-19 emerged from this city located in China's Hubei province on December 31, 2019.

3.4%

The estimated global mortality rate for COVID-19, although researchers state this number may shift

Source: World Health Organization

COVID-19 Signs & Symptoms



Fever • Cough • Shortness of Breath

Symptoms can range from mild to severe. Senior citizens and those with underlying medical conditions like cardiovascular disease, lung disease, cancer or diabetes are at increased risk for severe symptoms, which can lead to viral pneumonia and even death.

Source: Centers for Disease Control & Prevention (CDC)

80%

of COVID-19 cases are mild, causing cold- or flu-like symptoms

Source: Chinese Center for Disease Control and Prevention, as reported by the American Medical Association JAMA Network.



Face Mask FAQ

Should I be wearing a face mask?

NO

✓ Anyone who is well

YES

✓ Anyone with COVID-19 or symptoms

✓ Health workers

✓ Caretakers of someone infected with COVID-19

Source: Centers for Disease Control & Prevention (CDC)

Protect Yourself & Others



1. Wash hands frequently with soap and water for at least 20 seconds, and always before eating; after using the bathroom; and after blowing your nose, coughing or sneezing.
2. Avoid touching your eyes, nose and mouth with unwashed hands.
3. Cover your cough or sneeze with a tissue, then dispose of the tissue in the trash.
4. Stay at home when sick until your symptoms are gone.

Source: National Center for Immunization and Respiratory Diseases (NCIRD)

Testing Guidelines

If you feel sick with fever, cough or difficulty breathing, contact your doctor or local health department to help determine if you should be tested for COVID-19. People experiencing severe breathing problems should seek immediate medical attention.

Source: Centers for Disease Control & Prevention (CDC)

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